



Acupuncture & More, LLC

Restoring Health ... The Natural Way

YOGA CLASSES

MIXED LEVEL YOGA

A Blend of YogaFit and Classic Hatha Yoga
New Beginners to Intermediate Students

Tuesdays and Thursdays: 6:00 pm – 7:00 pm

HATHA YOGA

A Mixture of Breath, Posture, Vinyasa Flow and Meditation
Beginner to Advanced Intermediate

Wednesdays: 6:30 pm – 7:30 pm

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Prices:

\$8/class for all prepaid sessions

\$7/class for 2 classes/week prepaid

\$9/class for drop-in, space available, call in advance

***Small Classes ~ Personal Instruction***

***Call today: 937/707-9953 or 614/579-7550***

**A&M Yoga Studio**

**McAuliffe Bros. Center, 232 N. Main St., Ste 1B, Marysville, OH 43040**

**[www.acupunctureandmore.com](http://www.acupunctureandmore.com) ~ [polly@acupunctureandmore.com](mailto:polly@acupunctureandmore.com)**