



ADVANCED REIKI TRAINING (ART)

Advanced Reiki Training will expand your healing abilities and increase your energy. Learn more techniques and two additional symbols to enhance your Reiki practice.

ADVANCED REIKI TRAINING INCLUDES:

- ❖ *Usui Master attunement which increases the strength of your Reiki energy*
- ❖ *Usui Master symbol: increases the effectiveness of the Reiki II symbols and can be used for healing*
- ❖ *Reiki meditation that strengthens the mind and expands consciousness*
- ❖ *Advanced techniques for using Reiki to solve problems and achieve goals*
- ❖ *An introduction to the use of crystals and stones with Reiki*
- ❖ *How to make a Reiki grid that will continue to send Reiki to yourself and others after it is charged*
- ❖ *Aura Clearing to remove negative psychic energy from yourself and others and send it to the light*
- ❖ *A guided meditation that introduces the concept of Reiki guides for healing and information*

PREREQUISITES

The prerequisite for Advanced Reiki Training is Reiki Level I and II training and attunement from a Reiki Master and at least three months of Reiki practice on yourself and others.

HOW SHOULD I PREPARE FOR THE DAY?

Practice Reiki on yourself or others as much as possible prior to ART training. To increase your energy level prior to your training, it is recommended that you eliminate or reduce your dietary intake of caffeine, refined white sugar, alcohol and meat for at least 2 days, preferably one week, prior to your attunement. Distant Reiki will be sent to participants the day before the training.

CLASS DETAILS

WHERE: Acupuncture & More, McAuliffe Bros. Center, 232 N. Main St., Ste 1B, Marysville, OH 43040

CONTACT: Polly Morgan, Reiki Master/Trainer, 740/363-2179 or polly@acupunctureandmore.com

REGISTRATION: Call or email to express your interest. ***Prepayment is required by November 28th to confirm your attendance.*** Mail your payment to: *Polly Morgan, Acupuncture & More, LLC, 232 N. Main St., Ste 1B, Marysville, OH 43040.*